



# SATHYA SAI NEWSLETTER

June, 1977

Vol. 2, No. 1

Published Quarterly by the Coordination, Communication and Information Committee of the SRI SATHYA SAI CENTRAL COMMITTEE OF AMERICA,  
P.O. Box 668, Soquel, California 95073

---

## SOME THINGS TO REMEMBER

EGOISM IS THE SEED-BED FOR EVERY EVIL.

JEWELS ARE MANY, GOLD IS ONE. NAMES AND FORMS ARE MANY, GOD IS ONE.

THE FOUR PILLARS OF TRUTH ARE RIGHTEOUSNESS, PURITY, CHARITY AND LOVE.

THE TRUE DEVOTEE GIVES REVERENCE TO GRIEF & LOSS, PRAISE & BLAME, PEACE & HAPPINESS AS GIFTS OF GRACE.

EXTERNAL ACTIVITY MUST BE BALANCED BY INTERNAL SADHANA; THE TALLER THE TREE, THE DEEPER THE ROOTS TO HOLD IT FIRM.

ARISE FROM THE BED EACH MORN WITH AWARENESS OF THE DIVINE.

FAITH WITH NO TRACE OF DOUBT IS THE PATHWAY TO TRUTH.

LOVE ALL, SERVE ALL, THE LORD WILL THEN LOVE YOU AND TAKE YOU NEAR.

PURITY OF INTENTION IS A THOUSAND TIMES MORE PRECIOUS THAN EXTERNAL POMP.

JOY AND GRIEF ALTERNATE AS THE BRIGHT AND DARK FORTNIGHT. WITHOUT THEM, THE WORLD CANNOT ROLL ON.

FOR THOSE WHO WIN THE GRACE OF GOD, THE MIND WILL BE A SLAVE, OBEDIENT AND HUMBLE.

BABA.

From a letter to a devotee.

QUOTATIONS FROM THE TEACHINGS OF SATHYA SAI BABA

Duty without Love is deplorable, Duty with Love is desireable,  
Love without Duty is Divine.

\*

\*

\*

Sit quiet for a moment, and, inquire what it is that stays and what it is that does not. You are now eager to learn about the news of the world, the changing fortunes of peoples and nations, of 'isms' and movements; but, you have no thirst to know the conditions and conflicts within you, happening against the permanent backdrop of the pure unaffected Atman, which is your innermost Reality. Know that; everything becomes known. Possess that; and all things are possessed by you.

\*

\*

\*

We are not always obliged, but we can always speak obligingly.

\*

\*

\*

Be like the Lotus, born in slush in the floor of a tank, it struggles through the water, in order to bask in the sunlight which it loves, which is its life. Spending its days and nights with the soil below and the water above it, it does not allow either to soil its beauty or wet its joy. You too have to live like the Lotus in this world, in it, through it, but not of it.

\*

\*

\*

REPRINT FROM 'SANATHANA SARATHI' NOV., 1970. From 'Miracles of Baba, 1944-45', by Sri Nagamani Purnaiya.

"1945: A devotee of Shirdi Sai Baba came to the village, Puttaparthi, on hearing that Baba has come again as Avatar. He asked Baba, when he was sitting among the devotees engaged in some spiritual discussion, 'Baba! Please give me some proof that you are Shirdi Sai Baba, the same Baba that I am worshipping since years!' Baba smiled and said, lifting up his hands, 'Look at these hands!'

Every one of us looked up to see what the proof was which the hands held. Lo and behold! One hand was hard, aged and with grey hairs -- the hand of Shirdi Sai! And the other was tender, smooth and fair, the hand of the teen-age Sathya Sai!

We all gasped in wonder. The man who demanded proof fell at Baba's feet, and the hand became the hand we knew. He said, 'Pardon me Baba. I have now no trace of doubt. Take me into the fold!' Baba replied, 'You are in the fold, since 30 years, why seek to enter it now?'

\*

\*

\*

Faith in God and faith in ourselves.  
That is the secret of greatness,  
For God is Love.

"Sathya Sai Newsletter", Vol. 2, No. 1, c. 1977, Sri Sathya Sai Central Committee of America. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

## SAI FAMILY ANNOUNCEMENTS

REVISED GUIDELINES, June 1977 edition, are now being sent to all accredited Sathya Sai Baba Centers. Members wishing to secure a copy should apply to the President of their Center.

ADDITIONAL SATHYA SAI BABA CENTERS: Add to each location, Sathya Sai Baba Center of:

Escondido, Ca., 2060 N. Midway, Apt. A2, Escondido, Ca, 92027,  
M. Dorfman.

Marin, Ca., 809 Rincon Way, San Rafael, Ca., 94903, B. Patch.

The Mile High City, Colo., 823 Irving, Denver, Colo. 80204,

G. Eatinger.

Poughkeepsie, N.Y., 38 Tor Rd., Wappingers Falls, N.Y., 12590,

M. Berger.

Nashville, Tenn., 2006 Broadway, Apt. 107, Nashville, Tenn., Dr.

B.C. Joshi.

Torino, Italy, (Sai Samiti Italia), c/o Ass Italo Indiana, Via

Vittorio, Amedeo II 18, Torino, Italy, Adriana Monzeglio.

PLEASE NOTE THAT the center identified as the Sathya Sai Baba Center of Rockledge, Fla. in the March 1977 issue of this newsletter is actually called the Sathya Sai Baba Center of Merritt Island. The Sathya Sai Baba Center of Cambridge, Mass. has changed it's address to 205 Mt. Auburn St., Cambridge, Ma., 02138.

DIRECTORS MEETING - The Officers and Directors of the Sri Sathya Sai Central Committee of America will hold their annual meeting in Southern California on June 25th and 26th, 1977.

REGIONAL MEETING - The Sri Sathya Sai Baba Centers of the Northeastern United States held their regional meeting on June 12th at a camp in East Brookfield, Mass. Two hundred devotees representing ten centers came from as far away as Miami, which was double the size of last years meeting. Dr. K.C. Pani, Vice President of the Sri Sathya Sai Central Committee of America, showed us a beautiful film of the hostel opening at the Sri Sathya Sai College of Arts and Science in Whitefield. Dr Pani also gave a talk on some of his personal experience with Baba and spoke of the need for centers to explore opportunities of doing some type of seva within their communities. Perhaps by the next regional meeting every center will have begun to undertake some type of service, either as a group or individual activity.

The weekend was patterned after the routine at Prasanthi Nilayam with each day beginning with Omkar and then Nagarasankirtan. The excellent quality of the bhajans were a tremendous highlight of the meeting. There were also several study circles on various topics. Special notice should be given to a play on the devotion of Sabari to Rama, performed by a newly organized Bal-vikas group from South Jersey. It was as if we were sitting in the Poornachandra Auditorium during a festival, with Baba sitting right beside us.

During the actual meeting on Sunday morning the President of each center spoke a few words, and everyone shared the hopes that Baba would come to America very soon, and that we would be ready for his visit.

CONVERSATIONS - These are excerpts from conversations with Sathya Sai Baba, recorded after each meeting by Dr. John S. Hislop.

H: What is the meaning of the word, 'Dharma'?

Sai: The word, 'Dharma' does not mean 'duty'. In duty there is no freedom; in reason there is freedom; and in religious obligation there is the union between duty and reason. Dharma, then, refers to religious obligation and in that word are the concepts of both duty and reason.

Sai: In spiritual life, the fastest progress is made when the boat sails with the wind, and if the boat has to sail against the wind progress is slower.

A Visitor: Well, Swami, the trouble is to determine which way the wind is blowing.

Sai: That is really very simple. With practice, a driver of a car learns to be so skillful at driving that either a wide boulevard or a narrow road makes no difference to him, he drives on both with equal confidence. The same way, a guru is necessary in order to learn how to take advantage of the wind in the sea of the spirit. Trouble is that nowadays it is very difficult to find a guru. As soon as a person puts on a yellow robe he considers himself a guru and wants to teach people. The best way to determine whether or not a guru is genuine is if his words are full of wisdom and if in his life he practices and is the same as his words. If the guru speaks only words of wisdom, and this is an age where people speak wisdom without being wise, the words of wisdom will produce no result whatsoever and are useless. The best guru today is God. In the spiritual world, the guru is a doctor who takes the temperature of the aspirant and from the temperature is able to gauge his condition and what is best for him. But if the guru himself has temperature, then the temperature of the aspirant would be distorted by the temperature of the guru. So the best guru today is God.

A Visitor: How can we improve memory?

Sai: There is not much use thinking about the past, because it is gone. Trying to memorize is not of much value. We will naturally remember that in which we are interested. A small story: Arjuna was 85 years old, a middle aged man. In those days people lived much longer. Arjuna said, 'Lord, how is it that you can remember all the past lives and I cannot?' Krishna replied, 'Well, ten years ago on the third day of the month, what were you doing?' Arjuna said, 'I do not know.' Then Krishna said, 'Well, you were alive then.' Arjuna replied, 'Yes, I was alive.' Krishna then said, 'Look back, Arjuna, 60 years to the day you were married, do you remember that?' 'Oh yes,' replied Arjuna, 'I remember that.' 'Then, look further back, Arjuna, to the day you met your guru and were taught the martial arts. Do you remember?' 'Yes,' replied Arjuna, 'I remember.' The Krishna said, 'It is obvious that men remember that in which they are interested, that in which they are sufficiently intense to cause them to remember the incident. But that in which they are not intensely interested, they do not bother remembering. Now, you do not remember 20 years back, but you know you were alive then, therefore the memory is there, but you cannot recall it. Now I remember everything, Arjuna, because I am interested in everything.'

## WHY I LOVE SAI BABA

by Eltrue Sorenson

Since I have known Sai Baba my whole life has changed for the better. Where I used to be a hateful, evil, jealous and mean person, Baba has installed in me love, peace, harmony and truth. He has given me a peaceful and loving household and taught me how to be humble and truthful to my brothers and sisters. He has taught me to put God first and foremost, then my brothers and sisters next and finally leave myself to his causeless mercy.

He has given me the power of discrimination as well as power over lust and desire. Sai Baba has given me the vision of the formless and has come into my body many times in the formless state and has healed it. Most importantly, Baba has let me feel his powerful love, so strong that I wish I could give it out in cupsfull to others, but all I can do is show his love to others.

Sai Baba has shown me that if you will serve God and leave everything up to him, he will fight your battle and give you all that you need. He will fulfill all your spiritual desires. If you trust and obey God's word, he, himself will come and live openly with you. He will teach you that which is real and everlasting and that which is temporary. Sai Baba has given me the vision of my trueself, which is to everyones trueself. So as Baba says, "What in the world could you possibly want other than to know your true self." There is nothing in earth that can compare with that moment of self realization.

I write this letter for all who don't know Sai Baba yet. He is love, he is my father and I love him, who is in all beings. You can't imagine the joy and love that I feel this moment writing this letter. I am trying to put down some of the things Sai Baba has done for me in the two years I have known his name. There is much that I cannot find words to describe, yet I am trying to put this love on a piece of paper so others might benefit. So I say to all, obey his word and let his grace shower upon all that thirst as I do for his love, peace and knowledge.

### BABA'S PROGRAM BETWEEN MID-FEBRUARY AND MAY:

16th Feb, Sivarathri Festival, all night bhajan. 19th Feb, Baba left for Brindavan, 6th March, returned to Prasanthi Nilayam. 11th March, Baba attended a college meeting at Anantapur Girls College before going on to Brindavan. 25th March, left Brindavan for Ooty, he visited the Bandipur forest while there and returned to Brindavan, Whitefield on April 5th. 15th April to 18th April, Prasanthi Nilayam. 28th April, Brindavan, Whitefield, the Walter Cowan Memorial Hostel for the college boys of the Sri Sathya Sai College of Arts and Science was inaugurated by Mr. Jatti, the acting President of India. The construction of the magnificent building was financed entirely by American devotees. 6th May, Prasanthi Nilayam, the anniversary of the death of Baba's mother was honoured with a poor feeding, a Bala-vikas rally and a discourse by Baba. 20th May, Whitefield, the Summer Course in Indian Culture and Spirituality began. The first week was a study of the Ramayana with discourses by many scholars. There was a discourse by Baba every evening of the summer course.

SATHYA SAI NEWSLETTER - SUBSCRIPTION ORDER FORM

Please send \_\_\_\_\_ annual subscription(s) for the SATHYA SAI NEWSLETTER to the address(es) listed below. For each subscription I enclose:

\$2.00 for addresses in U.S.A., Canada and Mexico

\$2.25 for SURFACE MAIL TO ALL OTHER COUNTRIES

\$4.00 for AIRMAIL TO ALL OTHER COUNTRIES

\_\_\_\_\_  
CHECK HERE  
IF RENEWAL

Make checks, money orders, etc. payable to SATHYA SAI NEWSLETTER

NAME \_\_\_\_\_

P.O. BOX 668

SOQUEL, CALIFORNIA 95073

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ COUNTRY \_\_\_\_\_

MAIL TO: SATHYA SAI NEWSLETTER, P.O. BOX 668, SOQUEL, CALIF. 95073

BACK ISSUES starting with June 1976 are available for  $\frac{1}{4}$  of annual subscription rate. Please indicate if desired.

SATHYA SAI NEWSLETTER  
P.O. BOX 668  
SOQUEL, CALIFORNIA 95073

FIRST CLASS MAIL